Platinum Series, Abdominal / Back Extension

The Platinum Series Abdominal / Back Extension is a dual function machine that is designed to target the abdominals and lower back through a choice of ab crunch and hyperextension movements. The adjustable back pad and the foot rests make it easy for users to position themselves optimally for the exercise selected.





Adjustable Seat





Instructions Placard

Black Moulded PU Foam



Technical Specifications

Rating	Commercial
Adjustments	Adjustable Seat height
Upholstery	Black moulded PU foam
Tubing	3mm thick, electrostatic powder-coated steel tubing
Weight Stack	91kg 200lbs
Product Weight	135.5kg 299lbs
Dimensions	L 111 x W 127 x H 157 cm L 44 x W 50 x H 62 inches

Key Features

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