

## Encore Cross Trainer

The Encore Cross Trainer is designed for both home and light commercial use. Ergonomical soft gel cushion pedals provide the ultimate natural comfortable motion and relieve the tension to the knee and ankle during workouts. This Cross Trainer utilises our self-powered system for years of trouble-free use and would make the perfect addition to any home or light commercial gym.



Multiple Handles



Mini Step Access



Gel Cushioned Pedals



HR Sensors on handles



### Technical Specifications

<b>Resistance level</b>	20 Levels (Up to 350 Watts)
<b>Q-Factor</b>	75mm
<b>Step Up Height</b>	250mm
<b>Stride length</b>	50.8cm / 20"
<b>Pedal spacing</b>	7.5cm / 2.95"
<b>Transportation</b>	Transport wheels for easy movement
<b>Heart rate system</b>	Hand heart rate+wireless heart rate
<b>Maximum user weight</b>	150 kg / 330 lbs
<b>Product weight</b>	119.6 kg / 263.6 lbs
<b>Maximum User Weight</b>	160 kg 352 lbs
<b>Dimensions</b>	L 176.5 x W 81.5 x H 180 cm

### Key Features

<b>Low Step Up Height</b>	•
<b>Mini Step Access</b>	•
<b>Safety stop</b>	•
<b>Reading / phone rack</b>	•
<b>versatile accessory pocket</b>	•
<b>Built-in towel-hanging slot on handrails</b>	•
<b>Multi-position handles</b>	•
<b>User-friendly console</b>	•
<b>Transport Wheels</b>	•
<b>Cushioned Gel Pads</b>	•

### Electrical Specifications

<b>Power</b>	Self generating
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### Display Specification

<b>Screen</b>	6 windows LED + Dot matrix LED
<b>Display Feedback</b>	Speed, Time, Calorie, RPM, Distance, Heart Rate, Resistance, etc
<b>Workout Programs</b>	8 Preset, 4 Targets, 1 User