## Sterling Series, Full Power Rack

The sterling Series Full Power Rack lets you train hard and stay safe. The sleek walk-through design integrated with chin up bars, and hooks to rack a barbell, allow for nearly limitless strength training possibilities. Full power racks provide ultimate safety for virtually all compound exercises, including deadlifts, squats, bench presses, overhead presses or any other movement that you may require a spotter to perform.



Safety Spotter Arms

Power Band Attachments



## **Technical Specifications**

| Commercial   |
|--|
| 2.5-3mm by 50 x 100 square tubing, electro welded to maximum integrity |
| 300kg<br>660lbs  |
| 216kg<br>476lbs  |
| L 197 x W 175 x H 244 cm<br>L 77.5 x W 69 x H 96 inches                |
|  |

## **Key Features**

| Robust andy heavy construction                                       | • |
|--|---|
| Electro powder-coated and heat cured for<br>superior durability      | • |
| Olympic weight horns fitted as standard for optimum storage capacity | • |
| Low maintenance due to plate loading<br>nature                       | • |
| Integrated chin up bar   | • |
| 2 x Adjustable J-hooks   | • |
| 2 x Adjustable safety spotter arms                                   | • |
| 4 x Power band attachments   | • |

