## Perform Series, Glute Machine

The Perform Series Seated Leg Curl combines several innovative features, including an angled back pad, adjustable ankle and thigh pads, and a range limiting device, ensuring an effective hamstring workout with an optimal resistance profile.





Water Bottle Holder

Instuctions placard





High-density Poly-foam

Adjustable Chest Pad



## **Technical Specifications**

Rating	Commercial	
Upholstery	High-density poly-foam and double stitches offer comfort and endurability	
Adjustments	Adjustable foot bar and chest pad to allow easy operation and comfort	
Tubing	Tube of the functional part is primarily at a 3mm thickness. The weight stack cage is with D-shape tube size: 95 x 81.1 x 3mm and a racetrack tube size: 50 x 100 x 3mm which ensure ultra-durability and stability.	
Instructions Plaque	Instructions placards to review proper set-up, movement and muscles trained	
Shroud	Translucent ABS shroud at a thickness of 3.2mm ensures ultra-durability and shock resistance.	
Weight Stack	72.5kg 160lbs	
Product Weight	136.6kg 301.llbs	
Maximum User Weight	150kg 330lbs	
Dimensions	L 162 x W 123 x H 150.6 cm L 63.7 x W 48.4 x H 59.2 inches	

## **Key Features**

Space efficient design requires minimal floor space	•
Self-lubricate American loos™ cable with nylon-coated 12 complex fiber ensures service life more than 250 thousand times.	•
Water bottle holder fixed on the cage is within reach.	•
Ergonomic handlebars in TPV material with aluminium ring limit offers comfort and security during a workout	•
All dynamic components are shielded for safety purpose	•
Lathed pulley with bearings of less tolerance ensure smooth movement	•
Meets EN957 safety regulation	•



