Gym Balls

The Gym Gear Gym Balls are ideal for a variety of exercises that target the core muscles, increasing user stability, strength, balance and range of motion.

With an attractive colourful finish and anti-burst technology, the Gym Gear Gym Ball collection is a must accessory for any training facility.





3 Sizes Available



Durable



Storage Rack



Technical Specifications

Rating	Commercial
	Red: 55cm (22") - ideal for users 155cm- 167.5cm (5'2-5'6) tall
Sizes Available	Black: 65cm (26") – ideal for users 167.5cm- 175cm (5'6-5'9) tall
	Silver: 75cm (30") ideal for users 175cm-192cm (5'9-6'4) tall

Key Features

Suitable for rehab and training exercises	•
Whether your goal is improved strength, core stability, flexibility or balance, the Gym Gear Gym Ball is ideal	•
Very durable	•
For use at home or in the gym	•
Storage rack available to buy seperately	•

