

Dual Series, Lat Pulldown / Low Row

The Gym Gear Dual Series strength line offers a comprehensive solution for fitness facilities where space, budget or both are limited. Featuring 8 dual / multi-functional strength stations, the Dual range can provide a versatile strength training area for a wide range of facilities including boutique studios, hotels and fire stations.

The Lat Pulldown / Low Row machine is a dual exercise station which is also perfect for bicep curl and tricep dip exercises. The 113kg weight stack together with the sleek cable configuration make alternating between each exercise simple and easy.



Poly-foam Pads



Pulldown Handles



Instructions Plaque



Colour Coded Weight Stack



Technical Specifications

Rating	Commercial
Weight Stack	Colour co-ordinated 113kg weight stack with a magnetic weight stack pin
Instructions	Integrated instruction placard to illustrate start / finish position together with used muscles
Storage	Bottle storage and dedicated key / mobile phone area
Adjustments	Knee pad height adjustment using the visually clear yellow adjustment pin
Upholstery	High-density poly-foam pads for user comfort
Shroud	Integrated translucent PVC shroud to the rear of the weight stack
Tubing	2.5 mm thick / 50mm x 100 mm oval tubing
Weight Stack	113kg 250lbs
Product Weight	203kg 448lbs
Dimensions	L 174 x W 101 x H 218 cm L 68.5 x W 40 x H 86 inches

Key Features

Poly-foam Pads	•
Pulldown Handles	•
Instructions Plaque	•
Colour Coded Weight Stack	•
Adjustable Knee Pads	•
Bottle Holder / Storage	•