## Perform Series, Leg Extension / Leg Curl

The Perform Series Leg Extension / Leg Curl combines several innovative features, including an angled back pad, adjustable ankle and thigh pads, and a range limiting device, allowing for effective isolation of both the quadriceps and hamstring muscles through a selection of leg extension and curl movements.





Water Bottle Holder









## **Technical Specifications**

| Rating                 | Commercial   |  |
|------------------------|--|--|
| Upholstery             | High-density poly-foam and double stitches offer comfort and endurability  |  |
| Adjustments            | Adjustable Thigh/Foot Pads to allow easy<br>operation and comfort  |  |
| Tubing                 | Tube of the functional part is primarily at a<br>3mm thickness. The weight stack cage is with<br>D-shape tube size: 95 x 81.1 x 3mm and a<br>racetrack tube size: 50 x 100 x 3mm which<br>ensure ultra-durability and stability. |  |
| Instructions<br>Plaque | Instructions placards to review proper set-up, movement and muscles trained  |  |
| Shroud                 | Translucent ABS shroud at a thickness of<br>3.2mm ensures ultra-durability and shock<br>resistance.  |  |
| Weight Stack           | 91kg<br>200lbs   |  |
| Product Weight         | 167kg<br>368lbs  |  |
| Maximum User<br>Weight | 150kg<br>330lbs  |  |
| Dimensions             | L 135 x W 122.7 x H 150.6 cm<br>L 53 x W 48 x H 59 inches  |  |

## **Key Features**

| Space efficient design requires minimal floor space   | • |
|---|---|
| Self-lubricate American loos™ cable with<br>nylon-coated 12 complex fiber ensures<br>service life more than 250 thousand times. | • |
| Water bottle holder fixed on the cage is within reach.  | • |
| Ergonomic handlebars in TPV material with<br>aluminium ring limit offers comfort and<br>security during a workout               | • |
| All dynamic components are shielded for<br>safety purpose   | • |
| Lathed pulley with bearings of less tolerance<br>ensure smooth movement   | • |
| Meets EN957 safety regulation   | • |

