

## Pro Series, Lying Leg Curl

This versatile line of strength equipment offers effective weight training solutions to maximise even the most compact spaces. Whether you are an experienced athlete or a complete beginner, all pieces in the Pro Series range are designed to offer a quick, straightforward and easy access workout.

The specially designed Pro Series, Lying Leg Curl allows the user to effectively train their calf muscles and adductor muscles. With an easy weight selection using a selector pin and an easily adjustable roller pad, this gives the user the utmost comfort and ease to train.



Handlebars



Foam Roller Pad



Easy Weight Selection



Exercise Placard

### Technical Specifications

<b>Rating</b>	Commercial
<b>Shroud</b>	The cage is adopted with single-sided ABS translucent plastics with excellent durability and impact resistance. The injection-moulded plastics provide higher stability
<b>Tubing</b>	Tube of main frame is primarily at a thickness of 2.5mm, functional part uses a 50*100 rectangular tube, which makes the whole unit more powerful.
<b>Upholstery</b>	Chest pad, back pad and seat cushions are adopted with polymer material, which ensures safety and comfort whilst using.
<b>Adjustments</b>	The adjustable roller pads allow the proper set-up of the machine and user comfort.
<b>Product Weight</b>	101.5 kg 224 lbs
<b>Weight Stack</b>	91 kg 200 lbs
<b>Dimensions</b>	L 151 x W 115 x H 153 cm L 59 x W 45 x H 60 inches

### Key Features

<b>Tilted arm cushion and hip pad are shaped to support the spinal column and help the user to keep the hip stability in a seated position.</b>	•
<b>An adjustable starting position meets the demands of different users.</b>	•
<b>Yellow circle pivot helps to assume the correct position during workout.</b>	•