

Multi Exercise Bar

Enhance your weight-training experience with our premium quality cable attachment range, ideal for use with any Gym Gear adjustable pulley machine or multi-gym.

Chrome plated solid steel construction and high quality welding ensure optimum durability, whilst the rubber grip handles provide maximum user comfort.

The Multi Exercise bar is ideal for a variety of exercises including tricep pressdowns, bicep curls, seated rows and neutral grip lat pulldowns.



Heavy Duty



Rubber Grips

Technical Specifications

Rating	Commercial
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Key Features

Heavy duty design	•
Chrome plated solid steel construction	•
For use with weight stack cable equipment	•
Rubber grips for comfort	•
Allows users to work multiple muscle groups	•