

Multi Grip Chin Up Bar

The multi-grip chin up bar is ideal for strengthening the entire upper body with a selection of handles / grips allowing you to perform wide, hammer or close-grip exercises.

The bar itself is bolted flush to the support brackets so there is no play or movement, just a solid fixture that can hold up to 400kg. This can be wall mounted in a gym or at home, a versatile product which is perfect for professional commercial gym use or home workouts.



Multiple Grips



Solid Fixture



Technical Specifications

Rating	Commercial
Product Weight	9kg / 20lbs
Dimensions	L 120 x W 29 x H 51 cm

Key Features

Durable steel construction	•
Heavy duty wall mounted chin up bracket including required wall fixings	•
400kg load capacity	•
Can be used as an anchor for rings, bands, suspension trainers etc	•