

Pivoting Tricep Pressdown Bar

Enhance your weight-training experience with our premium quality cable attachment range, ideal for use with any Gym Gear adjustable pulley machine or multi-gym.

Chrome plated solid steel construction and high quality welding ensure optimum durability, whilst the rubber grip handles provide maximum user comfort.

This uniquely balanced Tricep Pressdown Bar with offset pivot creates an extremely comfortable and natural movement when performing tricep pressdowns.



Heavy Duty



Rubber Grips

Technical Specifications

Rating	Commercial
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Key Features

Heavy duty design	•
Chrome plated solid steel construction	•
For use with weight stack cable equipment	•
Rubber grips for comfort	•
This attachment can be used for working triceps, the angle of the pressdown bar will mainly work the lateral head of the triceps	•