

Pro Series, Seated Dip

This versatile line of strength equipment offers effective weight training solutions to maximise even the most compact spaces. Whether you are an experienced athlete or a complete beginner, all pieces in the Pro Series range are designed to offer a quick, straightforward and easy access workout.

The specially designed Pro Series, Seated Dip allows the user to train triceps and anterior serratus. With an easy weight selection using a selector pin and an easily adjustable seat pad, this gives the user the utmost comfort and ease to train.



Adjustable Seat Pad



T Shaped Handlebars



Easy Weight Selection



Exercise Placard



Technical Specifications

Rating	Commercial
Shroud	The cage is adopted with single-sided ABS translucent plastics with excellent durability and impact resistance. The injection-moulded plastics provide higher stability
Tubing	Tube of main frame is primarily at a thickness of 2.5mm, functional part uses a 50*100 rectangular tube, which makes the whole unit more powerful.
Upholstery	Chest pad, back pad and seat cushions are adopted with polymer material, which ensures safety and comfort whilst using.
Adjustments	The adjustable seat pad allows the proper set-up of the machine and user comfort.
Product Weight	97.5 kg 215 lbs
Weight Stack	91 kg 200 lbs
Dimensions	L 123 x W 121 x H 153 cm L 48 x W 47.6 x H 60 inches

Key Features

T shaped handlebars design helps to ease the pressure of arms in training conditions and makes training safe.	•
The negative angled adjustable Backrest is shaped to give the user better support.	•
An adjustable seat pad meets the demands of various users.	•