

## Pro Series, Seated Leg Curl

This versatile line of strength equipment offers effective weight training solutions to maximise even the most compact spaces. Whether you are an experienced athlete or a complete beginner, all pieces in the Pro Series range are designed to offer a quick, straightforward and easy access workout.

The specially designed Pro Series, Seated Leg Curl allows the user to effectively train their hamstring muscles. With an easy weight selection using a selector pin and an easily adjustable back pad and foam roller pads, this gives the user the utmost comfort and ease to train.



Adjustable Back Pad



Foam Roller Pads



Easy Weight Selection



Exercise Placard

### Technical Specifications

<b>Rating</b>	Commercial
<b>Shroud</b>	The cage is adopted with single-sided ABS translucent plastics with excellent durability and impact resistance. The injection-moulded plastics provide higher stability
<b>Tubing</b>	Tube of main frame is primarily at a thickness of 2.5mm, functional part uses a 50*100 rectangular tube, which makes the whole unit more powerful.
<b>Upholstery</b>	Chest pad, back pad and seat cushions are adopted with polymer material, which ensures safety and comfort whilst using.
<b>Adjustments</b>	The adjustable back pad and roller pads allow the proper set-up of the machine and user comfort.
<b>Product Weight</b>	95 kg 209 lbs
<b>Weight Stack</b>	72.5 kg 160 lbs
<b>Dimensions</b>	L 145 x W 104 x H 153 cm L 57 x W 41 x H 60 inches

### Key Features

<b>Adjusted foam roller pads are designed to avoid physical injury.</b>	•
<b>Adjustable seat accommodates different users' height and arm length.</b>	•
<b>Yellow circle pivot helps to assume the correct position during workout.</b>	•