

Sterling Series, Standing Calf Raise

The specially designed Sterling Series Standing Calf builds strength in gastrocnemius muscles. User stands on tiptoe to drive the rise of shoulder pad. Train calf muscles in a safe and effective way. The Sterling Series Robust Standing Calf Raise, effective and aesthetically appealing, this professional plate loaded line is designed to reproduce the feeling of using free weights. The application of advanced bio-mechanics ensures that our equipment follows the body's physiological movement.



Adjustable Shoulder Pads



Weight Horns



Heavy Duty Construction



Non Slip Foot Plate



Technical Specifications

Rating	Commercial
Upholstery	Black, 60mm thick pads with industrial vinyl, thick plywood backing and 38mm foam
Tubing	2.5-3mm by 50 x 100 square tubing, electro welded to maximum integrity
Loading Capacity	300kg 660lbs
Product Weight	175kg 385lbs
Dimensions	L 162 x W 138 x H 173 cm L 64 x W 54 x H 68 inches

Key Features

Robust and heavy construction	•
Electro powder-coated and heat cured for superior durability	•
Olympic weight horns fitted as standard for optimum storage capacity	•
Low maintenance due to plate loading nature	•
Application of advanced biomechanics ensures that the equipment follows the body's physiological movement	•
High quality bearings for moving parts	•
Adjustable shoulder pads	•