

Spartan Studio Rig

If space is at a premium, the Spartan Studio Rig is the perfect solution. The simple yet effective configuration and included attachments allow for a multitude of exercises to be performed. The Spartan Studio Rig provides challenging and diverse strength / functional workout options for the exercisers of all abilities, during both individual and group training.



Accessory Storage Trays



4ft Punchbag



Suspension Trainer



Weight Stack



Technical Specifications

Rating	Commercial
Recommened Operating Space	5m x 4m
Weight Stacks	1 x 100 kg 1 x 220 lbs
Dimensions	L 314 x W 354 x H 243 cm L 123.6 x W 139 x H 95.5 inches

Accessories Included

1 x Suspension Trainer	•
1 x DAP Training Belt	•
1 x Bungee Cord	•
8 x Integrated Accessory Storage Trays (for Medicine Balls, Kettlebells etc)	•
6 x U Link Adjustment Columns (for attaching Suspension Trainers / Power Bands etc)	•
1 x Battle Rope	•
1 x Adjustable Step / Plyometric Platform	•
1 x Chin Up Bars	•
1 x Set of Gym Gear Kettlebells (4,8,12 & 16kg rubber coated / chrome handle Kettlebells)	•
1 x Medicine Ball Set (1, 2, 3, 4 & 5kg)	•
1 x Double Grip Medicine Ball Set (6, 8 & 10kg)	•
1 x Medicine Ball Rebounder	•
1 x 4 ft Punchbag & Bag Mitts	•
1 x Powerband Set	•
1 x Core Trainer & Bar	•