

Tricep Pressdown Bar

Enhance your weight-training experience with our premium quality cable attachment range, ideal for use with any Gym Gear adjustable pulley machine or multi-gym.

Chrome plated solid steel construction and high quality welding ensure optimum durability, whilst the rubber grip handles provide maximum user comfort.

Designed to ensure maximum muscle contraction, the Tricep Pressdown bar is ideal for performing tricep pressdowns.



Heavy Duty



Rubber Grips

Technical Specifications

Rating	Commercial
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Key Features

Heavy duty design	•
Chrome plated solid steel construction	•
For use with weight stack cable equipment	•
Rubber grips for comfort	•
This attachment can be used for tricep pushdowns	•