

## Platinum Series, Vertical Row

The Platinum Series Seated Row offers a safe and effective alternative to free weight row exercises, targeting the trapezius muscles, erector spine, rear deltoids and biceps for a complete back workout. With innovative features the exercisers can tailor the equipment experience to suit their needs. While clean lines and subtly rounded tubing create an elegantly modern design and premium look, perfect for any fitness setup.



Foot Plates



Handle Bars



Instructions Placard



Black Moulded PU Foam



### Technical Specifications

<b>Rating</b>	Commercial
<b>Upholstery</b>	Black moulded PU foam
<b>Tubing</b>	3mm thick, electrostatic powder-coated steel tubing
<b>Weight Stack</b>	106kg 235lbs
<b>Product Weight</b>	175kg 385lbs
<b>Dimensions</b>	L 198 x W 113 x H 156 cm L 78 x W 45 x H 61.5 inches

### Key Features

<b>Space-efficient / Low profile design</b>	•
<b>Strong, durable and high-quality frame - 3mm thick electrostatic powder-coated steel tubing</b>	•
<b>Anti-corrosion coated and polished steel guide rod - prevents rusting and ensures smooth motion</b>	•
<b>Injection moulded translucent shroud (3.2mm) ensures ultra durability and non-deformation</b>	•
<b>Patented ergonomic polyurethane handle design and moulded polyurethane foam upholstery - ensures user comfort and safety</b>	•
<b>Signature cable and belt drive mechanisms - ensures ultra durability and long service life</b>	•
<b>Patented 3-linkage seat adjustment - accommodates users of all size</b>	•
<b>Weight stack - 5lbs increments to meet users specific requirements</b>	•
<b>All Dynamic components are shielded for safety purposes</b>	•