

## X97 Cross Trainer

The X97 is popular in large leisure centres alongside smaller facilities for its compact footprint, durability, and being easy to use. Designed to promote comfort during exercise with optimal stride length and pedal positioning. The simple design is easy to use, clean and maintain.



Comfortable Stride



Bottle Holder / Storage



Reading Rack



Push-Pull Handle Bars



### Technical Specifications

<b>Stride Length</b>	500 mm / 20 inches
<b>Pedal Spacing</b>	64 mm / 2.5 inches
<b>Step Up Height</b>	320 mm / 12 inches
<b>Resistance Levels</b>	25 Levels
<b>Maximum User Weight</b>	182 kgs 400 lbs
<b>Assembled Dimensions</b>	L 204 x W 68 x H 181 cm L 81 x W 27 x H 72 inches

### Key Features

<b>Push-Pull Handle Bars</b>	•
<b>Easy Grip for Transport</b>	•
<b>Resistance Level Control</b>	•
<b>Reading Rack</b>	•
<b>Heart Rate</b>	•
<b>HR Chest Belt</b>	Optional
<b>Bottle Holder</b>	•
<b>Colour</b>	Jet Black

### Electrical Specifications

<b>Power Required</b>	110 ~ 220 Vac 20A
<b>Motor Power</b>	5.0 HP Peak 3.0 HP Continuous

### Display Specification

<b>Screen</b>	6 Numeric Windows + Dot-Matrix Window
<b>Display Feedback</b>	Time, Speed, Incline, Heart Rate, Distance, Calories & Program
<b>Workout Programs</b>	Quick Start, Fat Burn, Cardio, Strength, Interval, Target, HRC, Customise & Physical Test
<b>Language Options</b>	English, French, German, Dutch, Spanish, Italian