

XT3 Sled

The Gym Gear XT3 Sled is an innovative training tool that brings conventional training and modern technology together to provide an advanced workout experience. It is intelligently designed to enhance strength and conditioning regimens with convenient, easy-to-use features and offers maximum durability to withstand even the most intense training sessions.



High Push



X-drive Push



Wheelbarrow Push



Rope Pull



Technical Specifications

Product Rating	Commercial
Resistance Levels	Adjustable magnetic resistance from levels 1 to 8
Resistance System	Magnetic
Product Weight	46 KG
Folded Dimensions	W71.4 x D 59.8 cm W 714mm x D 598 mm
Dimensions	L115 x W 71.4 x H 120.6 cm

Key Features

Magnetic resistance	•
Backlit Display (optional)	•
Wheels for easy transport	•
Heavy Duty Frame	•

Electrical Specifications

Power	Self Powered
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Display Specification

Display	Optional (backlit display)
Display Feedback	speed, distance, watts, and more.
Connectivity	connectivity to a range of third-party apps to record your workout history