

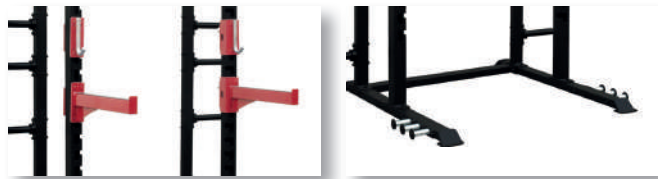
Sterling Series, Half Power Rack

The sterling Series Half Power Rack lets you train hard and stay safe. The sleek walk-through design integrated with chin up bars and hooks to rack a barbell, allows endless training possibilities. Power racks are often used as a convenient workout station for virtually all compound exercises, including deadlifts, squats, bench presses, overhead presses or any other movement that you may require a spotter to be able to perform. The Half Power Rack is ideal for performing the olympic lifts and is thereby very popular within cross fit gyms, it is also a fantastic addition to any facility where space it needed.



J-Hooks

Chin Up Bar



Safety Spotter Arms

Power Band Attachments



Technical Specifications

| | |
|-------------------------|--|
| Rating | Commercial |
| Tubing | 2.5-3mm by 50 x 100 square tubing, electro welded to maximum integrity |
| Loading Capacity | 300kg 660lbs |
| Product Weight | 153kg 337lbs |
| Dimensions | L 139 x W 175 x H 244 cm L 55 x W 69 x H 96 inches |

Key Features

| | |
|---|---|
| Robust and heavy construction | • |
| Electro powder-coated and heat cured for superior durability | • |
| Olympic weight horns fitted as standard for optimum storage capacity | • |
| Low maintenance due to plate loading nature | • |
| Integrated chin up bar | • |
| 2 x Adjustable J-hooks | • |
| 2 x Adjustable safety spotter arms | • |
| 2 x Power band attachments | • |