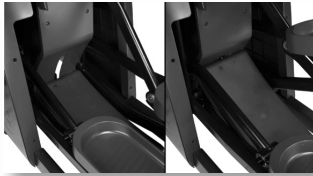


E8 Cross Trainer

The E8 Total Body Cross Trainer takes incline training to a whole new level! The E8 Cross Trainer can accommodate a broad range of users from the inexperienced to elite athletes and all points in between. With superior biomechanics to provide the user with safe and comfortable movement. An added incline feature to engage lower body muscles to tone and burn more calories, while the upper body arms provide the user with a total body workout experience.



Climbing Capabilities



Charging / Storage



HR Sensors



Incline Control



Technical Specifications

Stride Length	20" - 27" / 532 - 690 mm
Pedal Spacing	2" / 50 mm
Step Up Height	9.3" / 236 mm
Resistance Levels	25 Levels
Incline Range	0 - 15 degrees, 0 - 20 Levels
Maximum User Weight	182 kgs 400 lbs
Assembled Dimensions	L 212 x W 73 x H 181 cm L 83 x W 29 x H 71 inches
Product Weight	193 kgs 425.5 lbs

Key Features

Push-Pull Handle Bars	•
Climbing Capabilities	•
Resistance Level Control	•
Incline Control	•
Charging & Storage	•
Low Step-up Height	•
Stepping Pad	•
Heart Rate	•
Bottle Holder	•
Colour	Jet Black

Electrical Specifications

Power Required	Self Generating
Max Watt @ 60 RPM	400W
Min Watt @ 60 RPM	40W
Min RPM	30 RPM

Display Specification

Screen	LED 7 Segments with Dot-Matrix (White Light)
Quick Start	Yes
Workout Programs	10 Pre-programmable workouts including: Target, Rolling, Valley, Fat Burn, Ramp, Strength, Random, HRC, Constant Watt
Language Options	English, German, Spanish, Dutch, Portuguese, Italian, Swedish, Russian, Polish, French

Connectivity

USB	Charging (0.5A)
HR Detection	Hand Pulse and 5kHz Wireless