

Pro Series PL Vertical Hip Thrust

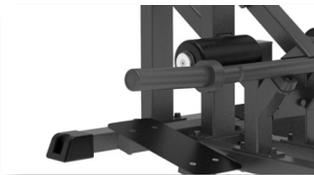
The Pro Series Plate Loaded Vertical Hip Thrust enables users to enhance their hip strength and power, serving as an effective method for boosting lower body power. Equipped with a secure pin-locking knee pad, this machine ensures users remain firmly in place, while the non-slip foot pad provides optimal grip. With its space-efficient design, this hip thrust machine is an excellent fit for personal training studios or home gym arrangements.



Limiting Mechanism



Turning point matches hip joint



High-Strength weight Horns



Oversized Leg Pads

Technical Specifications

Rating	Commercial
Adjustments	Adjustable Handles
Loading Capacity	100kg per weight peg (200kg total)
Max User Weight	150kg 330lbs

Key Features

Oversized widened leg pads to meet the training needs of different groups	•
High-strength engineering plastic barbell tube protective cover	•
Limiting mechanism to ensure the safety of the trainer	•
The width of the turning point matches the width of the user's hip joint, giving the user a more comfortable experience and precise stimulation of muscle groups	•