

Pro Series PL Bicep Curl

The Pro Series Plate Loaded Bicep Curl machine is a sturdy and effective device designed for targeted bicep training. With its adaptable seat, you can ensure comfort during your workout. The weight horns offer customization to your fitness level, and this machine is space-efficient compared to conventional selectorized equipment.



Weight Horn



Adjustable Seat



Arm Pads



Robust Construction

Technical Specifications

Rating	Commercial
Loading Capacity	200kg 440.9lbs
Product Weight	56kg 123.5lbs
Dimensions:	L 130.2 x W 70.7 x H 98.8cm L 51.3 x W 27.8 x H 38.9in

Key Features

The seat cushion is easily adjustable and can be operated with one hand.	•
The inward angle of the handles is designed according to ergonomic principles.	•
The belt-connected resistance system follows the muscle strength curve, effectively stimulating the target muscles during the exertion process.	•